


# Ashford Health & Wellbeing Board (AHWB)

## Partner Quarterly Update Template

Update from(delete as applicable)	Public Health
Quarter concerned (delete as applicable)	April to June 2014
What's going on in our world	<p><b>Adult Healthy Weight</b> tiers 1 &amp; 2 Services to be re-contracted with effect from 1<sup>st</sup> April 2015, covering tiers 1 &amp; 2 services. Public consultation is imminent. Going to tender in the Autumn.</p> <p><b>Breastfeeding services</b> Contracts are being awarded by the end of June to start by 1<sup>st</sup> October.</p> <p><b>Falls</b> - county wide contracts to deliver postural stability classes in community settings are being commissioned for 3 x 36 week courses (circa. 2 years) with possible extensions. Contracts will be let in September, awarded in October/November and let on a CCG basis. Potentially 3 classes will run within Ashford CCG area with potential for expansion linked to BCF monies. Referrals to be managed by KCC's Access to Resources team in conjunction with other partners involved in the Falls Framework.</p> <p>In the short term Voluntary Action Maidstone (Brighter Futures) have been commissioned to deliver some short-term 12 week courses in east Kent – a class is recently underway in Tenterden. Contact VAM for more info.</p> <p><b>Health Inequalities</b> – Ashford is developing a health inequalities plan alongside Kent Mind the Gap to identify issues and prevalence of inequalities across the Borough. It will also map activity and programmes that are being delivered to address inequalities in the area.</p> <p><b>Tobacco Control</b> – a range of programmes that include smoking cessation, harm reduction, smoke free policies in hospitals, maternity and mental health units, smoke free homes and smoke free family areas are being delivered. Ashford is being considered for piloting smoke free family areas, gaining insights from local people to promote voluntary smoke free outdoor family places, such as parks.</p>
Success stories since last AHWB	<p><b>Mental Wellbeing - Mens Sheds</b> are now up and running. Groundwork leading the project. Bids for funding is available for an Ashford Mens shed, available from <a href="http://www.Kentsheds.org.uk">www.Kentsheds.org.uk</a></p>

	<p><b>Self-Harm programme for young people</b> – we are pleased to report that Ashford Borough Council have organized excellent training to front line professionals to respond to early signs of young people self-harming. This has led to a pilot drop-in facility for young people in the Ashford HOUSE site. The pilot programme will be evaluated throughout the year.</p>
<p>What we are focusing on for the next quarter <u>specific to the key projects</u></p>	<p><b>Adult Healthy Weight</b> – tender process will have started (see above)</p> <p><b>Mental Health First Aid Training</b> – we will be commissioning services to train front line staff in mental health awareness.</p>
<p>Anything else relevant to AHWB priorities NOT mentioned above</p>	<p><b>Healthy Living Pharmacies</b> – The programme is being launched to promote Healthy Living Pharmacy status to pharmacies: an accreditation that demonstrates their competency to deliver health improvement services in the community. 67 Pharmacists and their staff attended the East Kent Launch on the 3<sup>rd</sup> June and Ashford have 16 pharmacies currently signed up to the programme.</p>
<p>Strategic challenges &amp; risks including horizon scanning?</p>	<p>Funding is currently being secured for Smoke free places initiatives.</p>
<p>Any thing else the Board needs to know</p>	
<p>Signed &amp; dated</p>	<p>24<sup>th</sup> June 2014 </p>

**REMINDER - AHWB key projects are:**

- Community Network
- Dementia day centre provision
- Obesity (specific project TBC)
- Farrow Court
- Stanhope area focused wellbeing project
- Homelessness (specific project TBC)

**REMINDER - AHWB priorities are:**

- Independent living & self management for those with long-term conditions
- Dementia
- Homelessness
- Obesity
- Falls prevention
- Sustainable development for health & wellbeing